

# Large Group and Corporate Volunteering at HIP

Looking to volunteer with your office, Girl Scout troop, school club, or other large group of more than five individuals? Here's what you need to know to decide if Hunger Intervention Program is a good fit for you.

## MAKING A WIDER IMPACT AT HIP

Volunteers power much of our work at HIP, and we love working with volunteers. As a small organization, creating a volunteer experience that is both impactful for HIP and meaningful for volunteers can take a significant amount of time and resources. That is especially true for larger groups and for one-time engagements. The best way to give your time to HIP is by volunteering regularly with one of our programs. However, we understand that this is not always possible, and if you think a one-time large group volunteer event is all you can commit to at this time, please consider how your group can make a wider impact on HIP's work. This could involve making a monetary donation, becoming regular volunteers through our ongoing programs, or spreading the word about HIP and its mission to your networks.

## VOLUNTEER OPPORTUNITY TYPES

Most of our large-group volunteer opportunities fall into one of two categories: a half-day of volunteering across multiple programs, or a private [Healthy HIP Packs](#) packing party. Unless otherwise specified, volunteering takes place at Hunger Intervention Program's office and kitchen space, located inside the Lake City Presbyterian Church (3841 NE 123rd St, Seattle, WA 98103).

### Half-Day @ HIP

**Length:** 3 - 4 hrs

**What to Expect:** Start your day with a short introduction to HIP. Then, break into groups and help staff with approximately 4-5 projects, which will vary depending on the day. Examples of projects include packing Healthy HIP Packs or setting up for an upcoming packing party, baking or cooking in the kitchen for one of HIP's meal programs, cleaning out fridges and other kitchen spaces, or folding and sealing newsletters. If the group is interested, staff may be able to lead a short discussion on food insecurity in North King County.

**Days/Times:** Flexible, HIP does not typically host large-group events during the summer

**Party Size:** Flexible, between 6 - 20 people *depending on HIP's current need*

**Ages:** Typically 18+ (please contact HIP's volunteer coordinator if you have minors in your group)

**When to Book:** Half-day volunteer opportunities must be booked AT LEAST one month in advance, and can be booked as far as six months in advance. HIP can accommodate no more than one large group half-day event per month, and will only accept the request for an event if staff feels that there is a need.



## Private Packing Party

**Length:** 1.5 - 2 hrs

**What to Expect:** Work in an assembly-line style to create Healthy HIP Packs full of shelf-stable, nutritious food for students. After assembly, volunteers break down boxes and help staff move HIP Packs and other food into storage spaces.

**Days/Times:** Wednesday or Thursday late afternoons or early evenings. HIP does not hold packing parties during the summer.

**Party Size:** 10 - 20 people (12-16 ideal)

**Ages:** all ages (volunteers under 14 require adult supervision)

**When to Book:** *Private packing parties are very popular and we cannot accommodate all requests!* Packing parties can be booked as far as six months in advance.

## Other

Depending on the size of the group and the time of year, we may have special programming that could benefit from the help of a large volunteer group. Contact [volunteer@hungerintervention.org](mailto:volunteer@hungerintervention.org) to see if there is an upcoming need.

## REQUIREMENTS

Before the event, volunteers will be asked to sign a Hold Harmless Agreement and Confidentiality Pledge form, and will have the option to sign or opt out of a Photo Release form. The group coordinator will also be asked to confirm the vaccination status of volunteers. *At this time, Hunger Intervention Program is only accepting volunteers who are **fully vaccinated** against COVID-19.*

At the event, volunteers are expected to follow the instructions of staff and adhere to all safety and food handling guidelines. Face masks are required for all volunteers.

## GETTING STARTED

Do you think HIP is the right volunteer partner for you? Email HIP's volunteer coordinator at [volunteer@hungerintervention.org](mailto:volunteer@hungerintervention.org) to learn more about current availability.

